

## Report from the MCS Committee, December 2019

**General:** Thank you to all the coaches that have supported the club over the last year, and well done to all riders who have represented the club in such a variety of events and races this year. Affiliation to both British Cycling and Cycling UK is confirmed for the next year. Minutes of committee meetings are now being shared with club members for information and transparency.

**Senior Section:** The seniors have enjoyed a great year in 2019 with a strong following in social activities and training rides, plus fantastic results in racing. In many ways 2019 has been a transition year for seniors with a new kit and trips away planned for 2020. We thank our ride organisers, without whom these activities could not take place, their dedication and knowledge are the backbone of this club.

### Riding

Road A and B (Thanks to Steve Fahey, Brian Philpotts, Rich Bryant and Cameron James)

Sunday Social MTB (Thanks to Doug Ridley)

Reliability rides (Thanks to Les Dalley)

Social MTB (Thanks to Matt Nixon, Jenny Parkes and Justin Dawkins)

Turbo Training (Thanks to Dafydd Gibby, Justin Passey, Mike Tibbits)

### Racing

Cyclocross: Several club members participated in various cyclocross events. Evie Richards scored multiple World Cup podiums.

Mountain Mayhem 24-hour endurance event: Three teams represented the club.

XC MTB: Evie Richards is under-23 National Champion, and won the UCI under-23 World Cup at Snowshoe. Hattie Harnden retained her national title.

Enduro: Hattie Harnden & Louis Brooks were selected to represent the UK at the enduro trophy of nations.

Benefits of club membership have been made clearer and can be viewed on the updated website. Members now have access to reduced insurance rates through our Cycling UK affiliation. Two bike boxes have been added to the supply of resources available for members to borrow. The club will be starting a twice-yearly velodrome trip and re-launching the Coed y Brenin trip.

**Junior section:** 2019 was another great year for MCS Junior Coaching, with a total of 70 riders aged 6 to 14 attending the coaching sessions, and a waiting list. Our rides and sessions could not run successfully without the help and support of parents and youth volunteers (especially Bob, Elijah and Chloe) so a big thank you to everyone that has helped make our sessions run so smoothly. Not forgetting Chris who comes every week, rain or shine with the registers, keys and signs to help us through each session.

### Riding

We were able to expand the number of riders accepted onto the coaching sessions due to our increase in British Cycling Qualified Coaches and Ride Leaders. Sessions have continued to take place both on the Nine Acres site and the Malvern Hills. These have run from April through to September, during the school term only. See the club [website](#) for full details of the coaching team, their qualifications and more information about coaching and ride-outs.

### Racing

We offered specific cyclocross coaching sessions to support and encourage club members taking part in the Western League cyclocross race series this year. About 12 youngsters have been competing overall. A special mention is also due to Pippa, who rode over 50 km in the HONC off-road endurance event.

We look forward to continuing our sessions in 2020, developing new skills and enthusiasm to get out and have fun on bikes.

**Welfare Officer Statement:** There have not been any incidents of note over the past twelve months in respect of any safeguarding incidents.

**Membership:** There are 138 active members comprising 69 Senior, 26 Youth and 43 Under 12. A system for reminding people of lapsed membership needs to be considered. We plan to introduce membership packs for all senior members.

**Finance:** The accounts have been published on our [website](#)

## **Aims and Ambitions for 2020**

1. Better advertise MCS events and ride-outs - appealing to existing, new and previous membership - with the ambition of encouraging the membership to partake in more club activity, as well as increasing membership in general. The approach is to be known as the 'more bums on bikes' philosophy.
2. Continue to train up Coaches and Ride Leaders so as to enable the continuation of the club's current high level of coaching for junior members, anticipating that we will lose the services of some coaches for a variety of reasons over time. Also train up coaches to improve provision for senior members. Establish demand and consider options for provision of coaching to youth members (14-18).
3. Hold a 10<sup>th</sup> Anniversary celebration in the summer.
4. Encourage a number of members to take on vacant functions as detailed in the pre-shared list.
5. Introduce new MCS branding and clothing.